

# LONG BEACH PARKS, RECREATION & MARINE COMMUNITY RECREATION PROGRAMS AND SERVICES



## EL DORADO SENIOR CENTER

2800 STUDEBAKER ROAD  
LONG BEACH, CA 90815  
(562) 570 - 3225

Monday through Friday,  
9:00 a.m. to 3:00 p.m.

**OCTOBER 2006**

*Staff at El Dorado Senior Center is committed to maintaining a safe and productive environment for people 50 years of age and over participating in Senior Programming.*

### **SPECIAL EVENTS PLANNED**

**Halloween Dance October 30th**

**Halloween costume Contest October 31st**

### **PROGRAMS/ACTIVITIES**

#### **Crochet & Knitting Club**

**Meets Fridays, 10am-Noon. Bring your yarn and hook. Share your ideas. Call 570-3227 to sign up.**

**Nutritional Lunch provided by Human Services Association (HSA), Monday-Friday at 11:30 am call (562)429-4283 . (60+)-\$1.75, Under 60 \$4.00 donation.**

**Senior Financial Services Damon DeVault of Guarding Financial Group, volunteers his time to assist seniors with services including: retirement planning, living trust...etc. Damon is here every Wednesday from 12-2:30. For appointments please call (800) 281-8407.**

**Art with Olivia Beading & Felting class. Fridays 1pm-4pm.**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Big Band Dance 12-2pm Line Dancing Class 2:30-3:30 Bridge Noon-3pm	3 Senior Fitness 10am-11am Card Games 11am-3pm Learn to Dance 1pm-3pm	4 Big Band Dance 12:30-2:30 Ballroom Dance Class 10:30am-11:30am	5 Senior Fitness 10am-11am Bridge Noon-3pm Line Dance Class 1pm-3:30pm	6 Card Games 11am-3pm Ballroom Dance Class 1pm-2pm	7
9 Big Band Dance 12-2pm Line Dancing Class 2:30-3:30 Bridge Noon-3pm	10 Senior Fitness 10am-11am Card Games 11am-3pm Learn to Dance 1pm-3pm	11 Big Band Dance 12:30-2:30 Ballroom Dance Class 10:30am-11:30am	12 Senior Fitness 10am-11am Bridge Noon-3pm Line Dance Class 1pm-3:30pm	13 Card Games 11am-3pm Ballroom Dance Class 1pm-2pm	14
16 Big Band Dance 12-2pm Line Dancing Class 2:30-3:30 Bridge Noon-3pm	17 Senior Fitness 10am-11am Card Games 11am-3pm Learn to Dance 1pm-3pm	18 Big Band Dance 12:30-2:30 Ballroom Dance Class 10:30am-11:30am	19 Senior Fitness 10am-11am Bridge Noon-3pm Line Dance Class 1pm-3:30pm	20 Card Games 11am-3pm Ballroom Dance Class 1pm-2pm	21
23 Big Band Dance 12-2pm Line Dancing Class 2:30-3:30 Bridge Noon-3pm	24 Senior Fitness 10am-11am Card Games 11am-3pm Learn to Dance 1pm-3pm	25 Big Band Dance 12:30-2:30 Ballroom Dance Class 10:30am-11:30am	26 Senior Fitness 10am-11am Bridge Noon-3pm Line Dance Class 1pm-3:30pm	27 Card Games 11am-3pm Ballroom Dance Class 1pm-2pm	28
30 Big Band Dance 12-2pm Line Dancing Class 2:30-3:30 Bridge Noon-3pm	31 Senior Fitness 10am-11am Card Games 11am-3pm Learn to Dance 1pm-3pm				